



# Collaborative Practice in Psychology and Therapy (Haworth Practical Practice in Mental Health)

*David A Pare, Glen Larner*

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## **Collaborative Practice in Psychology and Therapy (Haworth Practical Practice in Mental Health)**

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Collaborative Practice in Psychology and Therapy provides mainstream academics and practitioners with easy access to cutting-edge thinking in social constructionist psychology and therapy. This unique book is geared to readers who may not be familiar with narrative, social constructionist, or critical psychology and therapy, presenting contemporary theory and practice with a minimum of jargon. The field's leading practitioners and theorists demonstrate, through a collaborative and relational focus, how to work with people, rather than on them in a mutual, co-constructive exchange.

Collaborative Practice in Psychology and Therapy bridges the gap between modern and postmodern theory, providing a well-rounded view that enables readers to see how contemporary theory can be applied in various subdisciplines. Each “user-friendly” chapter is virtually free of technical terms, beginning with a readable thumbnail summary of the practical, accessible material that follows. The book includes case studies and examples, illustrations, tables, a brief glossary of the few terms that do need explaining, and suggestions for additional readings.

Collaborative Practice in Psychology and Therapy includes easy-to-apply ideas on:

- theory
- therapeutic practice
- teaching/supervision
- research
- and much more!

Collaborative Practice in Psychology and Therapy is a practical, accessible resource for psychology and therapy students and practitioners, academics working in psychotherapy training and supervision, critical psychology, and psychological research. The book provides vital information for theorists and professionals interested in relational and collaborative practice on psychology and therapy, including clinical psychologists, individual, couple, and family therapists, school counselors, and social workers.

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