



## **The Exploration of Happiness: Present and Future Perspectives (Happiness Studies Book Series)**

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# The Exploration of Happiness: Present and Future Perspectives (Happiness Studies Book Series)

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This specially selected collection of landmark work from the *Journal of Happiness Studies* maps the current contours, and the likely future direction, of research in a field with a fast-rising profile. This volume, which inaugurates a series aiming to explore discrete topics in happiness and wellbeing studies, features selected articles published in the *Journal of Happiness Studies* during its first decade, which culminated in an ‘impact factor’ in 2011. As the introductory work in the series, it provides readers with a vital overview of the prominent issues, problems and challenges that well-being and happiness research has had to overcome since its appearance on the scientific stage. The journal’s very success evinces both the high scientific quality of the research covered, and the steadily growing interest in a subject that draws responses from a vast range of epistemological aiming points, taking in economics, sociology, psychology, philosophy, education and medicine.

The series of volumes following this debut publication will represent a unique contribution to the literature in their multidisciplinary focus on particularized topics. It is reckoned that this will help strengthen cross-disciplinary synergies among authors investigating the same topic, as well as whet the appetite for happiness research among professionals and experts inhabiting a variety of academic domains. This volume addresses the theory of well-being and happiness, the different research approaches now probing their features and components, and the socio-economic and cultural issues that impact on their promotion..

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