



Brain Aerobics Mind-Bending Puzzles

Terry Stickels

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Keep your mind fit with brain aerobics!

If you like great mental exercises, try brain aerobics. All you have to do is open this book, lift a pencil, and flex your mind while solving this assortment of invigorating puzzles.

In *Brain Aerobics Mind-Bending Puzzles*, you'll need to dig deep to figure out the answers to the varied problems here, including numerical puzzles, logic puzzles, word games, lateral thinking puzzles, riddles, and more. Keep your wits about you and you'll do fine!

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