

Social Skills: How to improve your confidence, communication skills and body language to instantly connect with people (Socialize, self esteem, social ... communication, interaction, people)

Ernst Jansen

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Many social scientists proved that social skills beat mental intelligence when it comes to achieving goals. No matter how physically and mentally fit you are, if you do not know how to have harmony with the people around you, you will not be able to achieve your ultimate goals in life.

This book is designed to help you hone your social skills and use it to bring yourself closer to your goals.

### By reading this E-book you will find out:

- What specific skill sets you need in order to become socially effective
- How to have a likeable, confident, and magnetic personality
- How to properly communicate with people using words, body language, and even eye contact
- How to form meaningful relationships and widen your social circle
- and much, much more!

By the time you finish reading this book, you will have a brand new mindset when it comes to handling yourself in conversations. You will also find yourself more mindful of how you treat people and how your words and actions appear to them. Most importantly, you will have a better grasp of social interaction. You will have higher confidence, better communication skills, and more effective body language which will help you connect with people instantly.

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Tags: social skills, confidence, communication skills, connecting, body language

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