



Bandscheibenvorfall - was nun? Der ultimative Ratgeber für alle Menschen mit Rückenproblemen (German Edition)

Nico Richter

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Erfahren Sie alles Wissenswerte zum Thema Bandscheibenvorfall und Rückenprobleme, werden Sie zu einem mündigen Patienten und werden Sie schnell wieder Schmerzfrei.

Dieser Ratgeber enthält alle relevanten Informationen zu den Themen Aufbau der Wirbelsäule, Krankheitsbilder, Schmerzursachen, Medikamente bei Rückenschmerzen, Konservative Therapie, Physiotherapie, Akupunktur, Osteopathie, Chiropraktiker, Operationsmethoden (Mikrotheraphie, endoskopische Verfahren, mikrochirurgische Verfahren, Bandscheibenersatz, Bandscheibenversteifung) und Tipps für den Alltag.

Dieses Buch gibt Ihnen alle relevanten Informationen die Sie brauchen, um die richtige Entscheidungen bei der Vielzahl von Therapieverfahren zu treffen. Er stattet Sie mit dem nötigen Wissen aus um Ihrem Arzt nicht blind vertrauen zu müssen.

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