



## War Trauma and Its Wake: Expanding the Circle of Healing (Psychosocial Stress Series)

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Decades after Charles Figley's landmark *Trauma and Its Wake* was published, our understanding of trauma has grown and deepened, but we still face considerable challenges when treating trauma survivors. This is especially the case for professionals who work with veterans and active-duty military personnel. *War Trauma and Its Wake*, then, is a vital book. The editors—one a Vietnam veteran who wrote the overview chapter on treatment for *Trauma and Its Wake*, the other an Army Reserve psychologist with four deployments—have produced a book that addresses both the specific needs of particular warrior communities as well as wider issues such as battlemind, guilt, suicide, and much, much more. The editors' and contributors' deep understanding of the issues that warriors face makes *War Trauma and Its Wake* a crucial book for understanding the military experience, and the lessons contained in its pages are essential for anyone committed to healing war trauma.

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