

# Vegetarian Recipe Sampler: Delicious Recipes for Smoothies, Salads and More from Our Favorite Cookbooks: Peas and Thank You, The Beauty Detox Foods and ... Beauty Detox Foods/365 Skinny Smoothies

Sarah Matheny, Kimberly Snyder, Daniella Chace

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Treat yourself to some of the most delicious recipes on the market.

If you've been searching for your new set of go-to recipes for crowd-pleasing vegetarian meals, look no further. We've compiled some of the most buzzed-about, easy-to-make recipes from our popular cookbooks so you can cook like a rock star, without all the fuss.

In this sampler, you'll find recipes from:

- PEAS AND THANK YOU by Sarah Matheny, full of healthy, filling and delicious vegetarian meals the whole family will love.
- THE BEAUTY DETOX FOODS by Kimberly Snyder, the New York Times bestseller that will show you how to eat your way to radiant skin and shinier hair.
- 365 SKINNY SMOOTHIES by Daniella Chace, the smoothie-a-day recipe bible to help you blend your way to skinny.



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