



# Pathways to Competence for Young Children: A Parenting Program

*Sarah Landy, Elizabeth Thompson*

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**SAVE when you order the two Pathways books together!**

With the *Pathways to Competence for Young Children: A Parenting Program*, professionals can help parents understand and manage their child's behavior and take an active, positive role in guiding their children's social-emotional development. Developed from Sarah Landy's highly regarded child development book, *Pathways to Competence*, this manual-and-CD set shows how to set up, lead, and evaluate a successful parenting program for parents of children from birth to age 7. This one-of-a-kind program is

- **Proven effective.** Field-tested for ten years with hundreds of parents, this program has proved highly successful in improving child behavior and enhancing parenting skills.
- **Hands-on and practical.** Professionals will learn how to lead group discussions, activities and exercises, and role-plays on key parenting challenges.
- **Versatile.** Materials can be used for a 10-, 15-, or 20-week parenting group, and professionals can tailor the program to suit their needs. The program is appropriate for a wide range of audiences, including parents with depression, teen mothers, and parents of children with behavior problems..

Everything professionals need to conduct a Pathways to Competence Parenting Group is included: more than **140 parent handouts** (easy to print from the CD-ROM inside the book), instructions on structuring and leading sessions, problem-solving tips, and evaluation guidelines. With this engaging and effective program, parents will discover how to strengthen their relationships with their children and foster the healthy social-emotional development children need to manage life's challenges.

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