

This Won't Hurt a Bit: (And Other White Lies): My Education in Medicine and Motherhood

Michelle Au



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Michelle Au started medical school armed only with a surfeit of idealism, a handful of old ER episodes for reference, and some vague notion about "helping people."

This Won't Hurt a Bit is the story of how she grew up and became a real doctor.

It's a no-holds-barred account of what a modern medical education feels like, from the grim to the ridiculous, from the heartwarming to the obscene. Unlike most medical memoirs, however, this one details the author's struggles to maintain a life outside of the hospital, in the small amount of free time she had to live it. And, after she and her husband have a baby early in both their medical residencies, Au explores the demands of being a parent with those of a physician, two all-consuming jobs in which the lives of others are very literally in her hands.

Au's stories range from hilarious to heartbreaking and hit every note in between, proving more than anything that the creation of a new doctor (and a new parent) is far messier, far more uncertain, and far more gratifying than one could ever expect.

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Nathan Ware:

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Michael Floyd:

People live in this new time of lifestyle always attempt to and must have the free time or they will get lots of stress from both daily life and work. So, whenever we ask do people have free time, we will say absolutely without a doubt. People is human not really a robot. Then we consult again, what kind of activity are there when the spare time coming to an individual of course your answer will probably unlimited right. Then ever try this one, reading ebooks. It can be your alternative throughout spending your spare time, the actual book you have read is definitely This Won't Hurt a Bit: (And Other White Lies): My Education in Medicine and Motherhood.

Arthur Haynes:

Playing with family in a very park, coming to see the coastal world or hanging out with friends is thing that usually you have done when you have spare time, subsequently why you don't try point that really opposite from that. One activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love This Won't Hurt a Bit: (And Other White Lies): My Education in Medicine and Motherhood, you are able to enjoy both. It is fine combination right, you still want to miss it? What kind of hang type is it? Oh seriously its mind hangout guys. What? Still don't have it, oh come on its called reading friends.

Gary Williams:

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