

Eggs: Martha Stewart's Cooking School, Lesson 2

Martha Stewart



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Lesson 2 is a culinary master class in the techniques essential to cooking egg dishes, with 8 video demonstrations to guide you on poaching an egg, cooking a perfect omelet, making homemade mayonnaise, and more, along with color step-by-step photographs.Eggs are the basis for so many delicious culinary creations, and in this lesson you'll learn the cooking fundamental techniques for elevating the everyday egg through soft-cooking, scrambling, baking, coddling, poaching, and frying. Video demonstrations by Martha Stewart Living food editor Sarah Carey will show you how to poach an egg, cook an omelet, and make mayonnaise. Then, practice your skills with recipes for tempting dishes such as Steamed Artichokes with Smoked Salmon, Poached Eggs, and Hollandaise; Huevos Rancheros; and Squash and Goat Cheese Frittata. Lesson 2 also includes the Basics, where you'll learn about the equipment, knife skills, ingredients, and routines that will enable you to cook with confidence. Color photographs and video demonstrations teach you how to chop an onion, mince garlic, prep and chop fresh herbs, zest and suprême citrus, and more.

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