



Cast Iron Cooking Inside & Out

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Directions for Indoor & Outdoor Cooking Included for Each Recipe Rediscover what our grandparents knew all along: cast iron cookware produces mouthwatering food that practically slides out of the pan. Cast iron skillets, Dutch ovens and griddles are so durable, they can be passed down through generations of cooks. Versatile enough to go from stovetop to oven, cast iron is also great for use on grills and over campfires and clean-up is a breeze. Use a Dutch oven in your kitchen or over hot coals to bake breads and desserts, simmer soups or roast tender meats and vegetables. Start skillet meals on your stovetop and finish cooking them in the oven, or heat up the griddle to cook a quick and easy breakfast. Great for any camp enthusiast, the recipes in this book include instructions for both indoor and outdoor cooking methods to help you take advantage of cast iron's versatility. Now you can expect delicious food no matter where or how you're cooking. Sauté, simmer or bake your way to a delicious meal, inside or out.

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