



The Junpo Roku: The Dharma of Junpo Denis Kelly

Daju Suzanne Friedman

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The Junpo Roku is a record of the early teachings of Roshi Junpo Denis Kelly, a Rinzai Zen Master and the Abbot of the Hollow Bones Rinzai Zen Order. Junpo Roshi is the creator of the Mondo Zen process. The Junpo Roku captures Junpo Roshi's depth, humor, and wisdom while presenting his dharma talks and various lively Zen exchanges between him and his students. This roku, or official record, addresses such topics as: Zen meditation, the nature of mind, the ego, koan practice, form & ritual, sutras, everyday dharma, and the Zen Buddhist approach to thoughts & emotions.

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