



Spark Seekers: Mourning with meaning; Living with light

Baruch HaLevi

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Whether grieving the loss of a loved one, or confronting our own mortality, we all come face-to-face with the darkness of death at some point during life's complicated journey.

And Rabbi Baruch HaLevi, DMin, is no exception. During a long career in which he has guided countless others through the process of loss and bereavement, he faced two devastating losses of his own when, two decades apart, his grandmother and father tragically took their own lives.

But when the shadows of grief took hold, "Rabbi B" dedicated his life to breaking this cycle, searching within the darkness rather than turning away. By transforming his mourning into meaning, he discovered the sparks that lie within, inspiring thousands of others along the way.

Featuring a mixture of personal stories and enlightening perspectives on love and loss, *Spark Seekers* serves as a companion for anyone, at any point along the grief journey, seeking to emerge from death's darkness with newfound inspiration, purpose and, life.

From preparing for the end of life to exploring a myriad of meaningful mourning practices, this guide, coauthored by hospice bereavement counselor Ellen Frankel LCSW, combines equal parts inspiration and practical how-tos, paving the way for a new approach for looking at dying, death, and life after loss in the twenty-first century.

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