



# **Off On Our Own: Living Off-Grid in Comfortable Independence: One Couple's ""Learn as We Go"" Journey to Self-Reliance**

*Ted Carns*

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# Off On Our Own: Living Off-Grid in Comfortable Independence: One Couple's "'Learn as We Go'" Journey to Self-Reliance

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## **Off On Our Own: Living Off-Grid in Comfortable Independence: One Couple's "'Learn as We Go'" Journey to Self-Reliance** Ted Carns

Ted and Kathy Carns live in the picturesque Laurel Highlands region of western Pennsylvania. They have most of the usual modern conveniences: fridge, freezer, washer, computer, cell phone, hot tub, vacuum, hair dryer, flat screen TV with surround sound...and they do it all without plugging into the power grid. Their house is wood-heated, their fuel is non-petrol; they grow their own food, put up their harvest, make their own wine, and drop fresh canned peaches into the solar-powered blender for the morning smoothies... It's a simple life that works: zero waste, total recycling, and no "unnecessary necessities." Others have done this, but the Carns' are doing it in such a dramatic, inventive way that people flock to their astonishing Stone Camp home to learn Ted's secrets. More than a dozen universities and colleges in the Tri-State/Mid-Atlantic area bring professors and students to Stone Camp every year to observe first-hand the remarkable lifestyle of Ted and Kathy Carns.

*Off...On Our Own* is Ted's manual for living off-grid, told with Mark Twainesque humor and irreverence: how he created the various systems that power the Stone Camp (includes a how-to chapter)...and what he thinks about oil, self-reliance, waste, nature and reducing one's carbon footprint to walk more gently on the earth. The book is illustrated throughout with more than 60 black and white photos.

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