



Vegan Spring Rolls & Summer Rolls: 50 Delicious Vegan Spring Roll Recipes and Summer Roll Recipes (Veganized Recipes Book 10)

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Crunchy and exceedingly delicious, spring rolls can be eaten as a light snack or as a refreshing appetizer. A spring roll is a traditional Asian dish, which is made with a thin round dough sheet with a variety of fillings rolled inside. The roll is then deep fried in oil. However, a healthier version is baking it in the oven. All spring rolls are typically served with a dipping sauce.

Another variant of the spring roll is the summer roll, also called a fresh spring roll or a salad roll. This roll isn't fried or baked, but eaten with a delicious combination of raw vegetables wrapped in a rice paper wrapper. The crunch in these summer rolls comes from the vegetables rather than the wrapper. Summer rolls are a favorite among many vegans.

In this recipe book you'll find all kinds of delicious spring rolls, from fried and baked to super healthy fresh ones. Many recipes also contain their own dipping sauce which makes them even more delicious.

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