



# Myofascial Pain and Fibromyalgia: Trigger Point Management

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## Myofascial Pain and Fibromyalgia: Trigger Point Management

This comprehensive reference on the diagnosis and treatment of myofascial pain uses all current techniques with diagrammatic instruction. It provides not only the theoretical understanding of muscle pain and pathology but also describes the triggerpoint injections, and prescribes the necessary follow-up care for therapeutic success.

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