



El ADN de las Relaciones para Parejas (Spanish Edition)

Greg Smalley, Robert S. Paul, Donna K. Wallace

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Este libro enseña a los lectores que tienen problemas en su matrimonio los pasos que deben tomar para fortalecer y restaurar sus relaciones matrimoniales. Las soluciones prácticas se basan en los pasos básicos que se explican en *El ADN de las Relaciones*. El doctor Smalley utiliza parejas ficticias (a partir de sus experiencias con parejas de la vida real) que están luchando con problemas reales que van, desde equilibrar las prioridades del trabajo y la familia, hasta aventuras extramaritales. El libro proporciona una herramienta para ayudar a ambos esposos a identificar hábitos destructivos en la relación y explica cómo comenzar el proceso de restauración.

CARACTERISTICAS

- Se basa en los principios de consejería matrimonial utilizados en el Instituto Nacional del Matrimonio; las parejas que han participado en el programa le han otorgado el 91.6% de aceptación.
- Está dirigido especialmente a parejas cuya relación matrimonial tiene problemas.
- Ofrece soluciones prácticas para resolver los conflictos matrimoniales.

This book shows readers the steps to take to build or rebuild their marriage relationship. The practical solutions are built on the basic steps that are explained in *The DNA of Relationships*. Smalley uses couples (based on real client experience) that are grappling with real-life problems ranging from work and family priority balance issues to extramarital affairs. The book provides a tool to help both partners identify destructive relationship habits and explains how to begin the rebuilding process.

FEATURES

- Based on marriage counseling principles employed at the National Institute of Marriage; couples in the program have given a 91.6% approval rating of the program.
- Especially suited for couples whose marriage relationship is struggling.
- Offers practical solutions to solve marital problems

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