



# ECG Mastery: The Simplest Way to Learn the ECG

*Peter Kühn MD, Clemens Lang, Franz Wiesbauer MD MPH*

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What nobody ever tells you about the ECG is that it doesn't have to be hard to become an expert. **ECG Mastery: The Simplest Way to Learn the ECG**, based on an award-winning training method, gives you a clear and simple roadmap for approaching any ECG. This book leaves out the jargon and sticks to the information that's really important. Every chapter includes interesting cases, colorful illustrations, and hands-on exercises that make learning the ECG effective and fun. After working through the steps in this book, you'll be able to follow a case discussion with your colleagues, recognize many common and dangerous diseases, choose appropriate medical procedures, and start using the ECG in your daily clinical practice.

In this book you'll learn:

- How to easily identify P waves, QRS complexes, and T waves, and how to measure intervals and amplitudes on the ECG through simple math
- Where to put the precordial leads and what they tell you about the heart
- How to recognize abnormal patterns in the chest leads, including bundle branch block
- What you need to know to identify ventricular hypertrophy
- A simple way to recognize ST depression and T-wave negativity, associated with debilitating and potentially life-threatening diseases
- How myocardial infarction affects the appearance of the QRS complex
- How to become great at identifying inferior wall myocardial infarction
- How acute coronary syndromes affect the ST segment
- An easy and fast method for determining the cardiac axis
- How to detect various kinds of electrolyte disturbances
- and more!

As a bonus, **ECG Mastery** comes with valuable resources you can print out and to use as study aids or take with you as references on your rounds. It also comes with a **free** e-book version of our advanced ECG book, which teaches how to assess heart rhythms.

**ECG Mastery: The Simplest Way to Learn the ECG** was developed by a team of seasoned cardiologists, expert teachers, and learning designers who want to make learning the ECG as easy, and effective, as possible.

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